

Ashim Arora, A Medical Corporation

PATIENT INSTRUCTIONS FOR BRONCHOSCOPY

PATIENT NAME: _____ DATE OF BIRTH: _____

DATE OF PROCEDURE: _____ TIME: _____

HOSPITAL WHERE PROCEDURE IS SCHEDULED: _____

1. You should get a call from the hospital at least one day prior to the procedure regarding where and when to show up.
2. Do not eat anything after dinner or at least 8 hours prior to procedure.
3. You may take some of your medications if essential with a sip of water at least 3 hours prior to the procedure.
4. If you are a diabetic, do not take your blood sugar meds on the day of procedure. You may be able to take these with a meal after the procedure.
5. Please inform the nurse when you are being prepared for the procedure about your main medical problems and medications.
6. Please do not take any blood thinners {Aspirin, Plavix, Coumadin, Warfarin, Lovenox or any nonsteroidal anti-inflammatories (like Motrin, Advil, and Ibuprofen etc.) for 7 days before the procedure. **TYLENOL IS OK.**
7. Please bring any X-rays or CAT scans you may have had pertinent to this procedure to your bronchoscopy. (Unless it is available at the hospital where the procedure is being performed).
8. Please make sure your pre-op labs have been drawn and please tell the procedure nurse where they may have been drawn.
9. You may have some of these symptoms after the procedure –
 - a. Sore throat – may last for about two to three days.
 - b. Cough
 - c. Cough up some blood – 1-2 days. Only streaks.
 - d. Fever – If more than 2 days of more that 101° F, call the doctor.